



# One Heart Care

One Place. Your Heart. Total Care.

Tel: (905) 804-7000 Fax: (905) 804-2250

1000 Middlegate Road, Second Floor  
Mississauga, Ontario L4Y 1M3

email: info@oneheartcare.ca • www.oneheartcare.ca

## Cardiology Consults and Cardiac Diagnostics Requisition

### Cardiologists

Dr. Michael Bayliss  
Dr. Jason Cyriac  
Dr. Anil Gupta  
Dr. David Harrison  
Dr. Tef Kalaparambath  
Dr. Paul Kannampuzha  
Dr. Sidney Kremer  
Dr. Emily Lai  
Dr. Manish Maingi  
Dr. Jennifer Meloche  
Dr. Kiran Nagi  
Dr. Jano Nikhil  
Dr. Thomas Rebane  
Dr. Steven Tishler

### Advanced Heart Failure Cardiologist

Dr. Mangeet Chahal

### Electrophysiologists

Dr. Andrew Ha  
Dr. Michael Platonov

### Interventional Cardiologists

Dr. Gurpreet Parmar  
Dr. Geoffrey Puley  
Dr. Inderbir Singh

Last Name: \_\_\_\_\_ First: \_\_\_\_\_

D.O.B.: dd / mm / yyyy Male \_\_\_\_\_ Female \_\_\_\_\_

Telephone: \_\_\_\_\_ Work/Cell: \_\_\_\_\_

HIN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Version Code: \_\_\_\_\_

### Cardiology Consults

- Consultation with Dr. \_\_\_\_\_
- First Available
- Urgent (< 2 weeks)
- Consult if abnormal diagnostic test

### Cardiology Diagnostic Tests

- Echocardiogram
- Echocardiogram with Contrast
- ECG
- 24hr Ambulatory Blood Pressure Test (fee \$80)
- Exercise Stress Test - GXT
- Holter Monitor  48hrs  72hrs
- 14 day Holter Monitor

### Nuclear Cardiology Myocardial Perfusion Imaging

- Exercise
- Persantine
- Rest Ventricular Function (MUGA)

**Do not have Coffee, Tea, Chocolate or any energy drink with caffeine - complete instructions on reverse**

### Indications for Studies:

- Chest Pain
- Dyspnea
- LV Function
- Cardiomyopathy
- Murmur
- Arrhythmia
- CAD Assessment/post MI
- Source of Embolus
- Valve Disease
- Thrombus
- Congenital
- Pericardial Effusion
- Other \_\_\_\_\_

### Clinical Information Relevant to the Request:

---



---



---



---



---



---



---



---



---



---

Referred by: \_\_\_\_\_ Signature: \_\_\_\_\_ Billing #: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

# Patient Preparation and Information

## Nuclear Cardiology

The test will be 3 to 4 hours long and you will have an intravenous injection.

1. Bring a current list of any medications you are taking.
2. Please consult your doctor for medications to avoid 48 hours prior to test.
3. On the day of the test do not have breakfast, **do not have Coffee, Tea, Chocolate or any energy drink with caffeine.**
4. Do not take erectile dysfunction medications for 48 hours prior to the test.
5. Bring comfortable shoes and clothing for the exercise test.
6. Please bring a lunch for after the exercise test.

## Regular Exercise Stress Test (45 minutes)

- Bring a current list of any medications you are taking.
- Bring comfortable shoes and clothing for the exercise test.
- No special preparation required.

## Contrast Echocardiogram (1.5 hours)

- Bring a current list of any medications you are taking.
- An intravenous line will be inserted into your arm to deliver the contrast agent.

## 24 Hour Ambulatory Blood Pressure Monitor (25 minutes)

- Non OHIP covered test: \$80 fee applies.
- No special preparation.

## Directions:

The building is located along Queensway with access from Queensway westbound or Middlegate Road.

**QEW Westbound** - Exit Dixie Road North (right) make a left turn on to Queensway West, drive about 200 metres past Stanfield intersection and enter One Heart Care parking lot on the right.

**QEW Eastbound**: - Exit Cawthra Road North make a right turn onto Queensway East. Turn left on to Haines Road and proceed to first intersection with Middlegate. Turn right. Proceed about 200 metres and enter One Heart Care parking lot on the right.

**Queensway Eastbound** - Drive past Cawthra Road. Turn left on to Haines Road and proceed to first intersection with Middlegate Road. Turn right on to Middlegate Road. Proceed about 200 metres and enter One Heart parking lot on the right.

**Queensway Westbound**: - Drive about 200 metres past Stanfield intersection and enter One Heart parking lot on the right.

